

# The Giving Tree

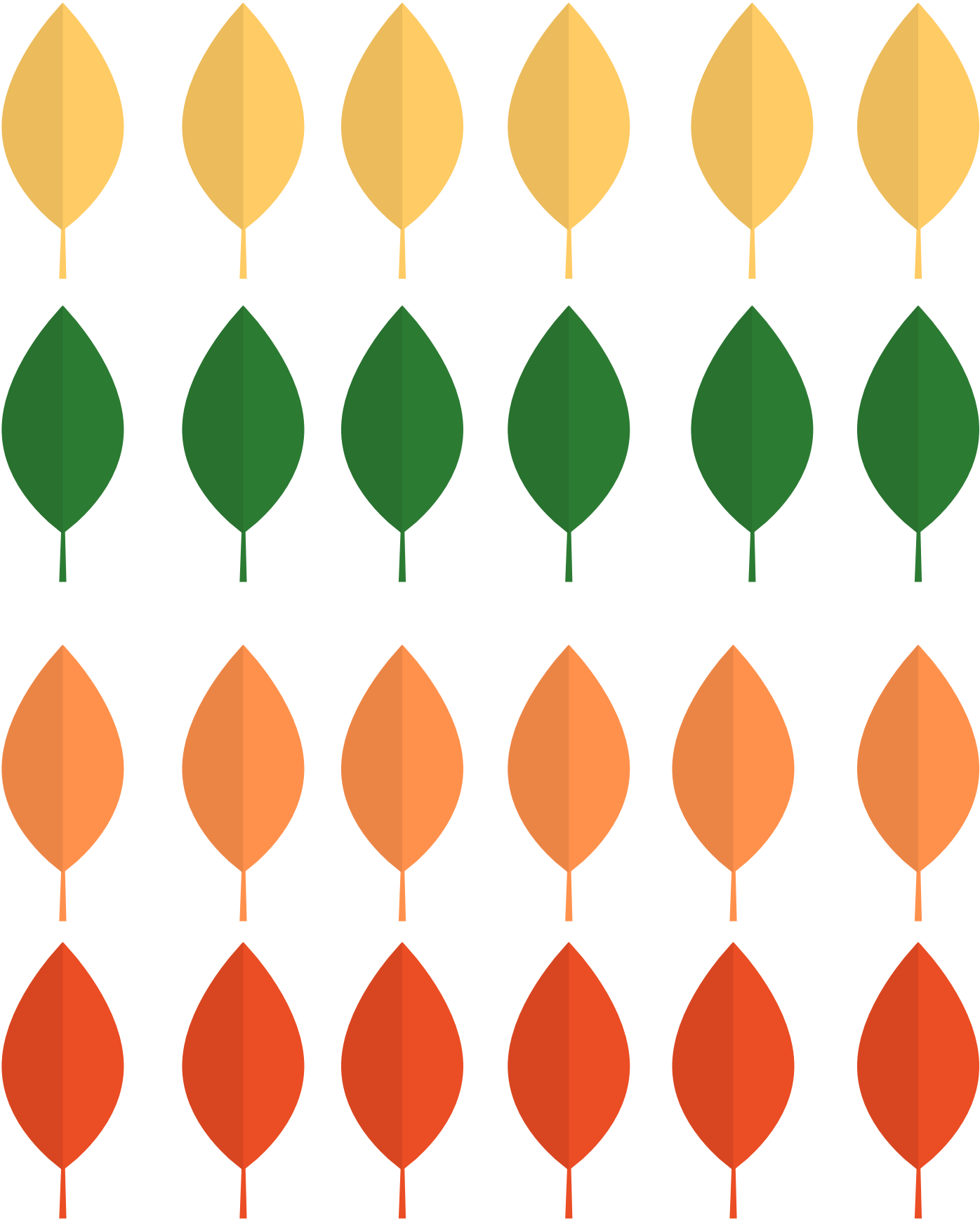


Write on each leaf a random act of kindness and complete it during the month of December.

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Leaves



# The Giving Tree

## Act to Kindness Ideas

- 1- Donate food to a food pantry
- 2- Send a letter to a good friend instead of a text
- 3- Leave a thank you note in the mailbox for mail carrier
- 4- Give someone a compliment
- 5- Make someone laugh
- 6- Donate books to the library
- 7- Tell a family member a friend you are thankful for them
- 8- Take time to listen to someone
- 9- Take time to appreciate a sunset
- 10- Insert coins into someone's parking meter
- 11- Serve at a homeless shelter
- 12- Reconnect with old friends

Be kind to yourself!

"The best way to find yourself is to  
lose yourself in the service of  
others."

Mahatma Gandhi